



Approved Standards for the
Internationally Credentialed Sandtray Therapist (ICST)
Credential and Continuing Education Program

Edition 1.0

May 30, 2019

The International Association for Sandtray Therapy (IAST) is the world's only *international* association dedicated solely to the spreading the healing power of sandtray therapy.

IAST is a non-profit entity that exists to support, train and educate mental health therapists at the graduate level. Its purpose is to also help educate the general public about the process and healing power of sandtray therapy.

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FOREWORD

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Disclaimer of Liability. The International Association of Sandtray Therapy, as the developer of this standard, shall not incur any obligations or loss or damages, including, without limitation, indirect, consequential, special, or incidental damages, arising out of or in connection with the interpretation or adoption of, reliance upon, or any other use of the Standard by any party. The International Association of Sandtray Therapy makes no express or implied warranty of merchantability or fitness for a particular purpose, nor any other express or implied warranty with respect to this Standard.

ACCRONYMS AND ABBREVIATIONS

IAST. International Association of Sandtray Therapy

ICST. Internationally Credentialed Sandtray Therapist

ICST-P. Internationally Credentialed Sandtray Therapist – Provider

1.0 SCOPE

1.1 Current Standards.

The current standard applies to those who currently hold or are seeking to hold the status of Internationally Credentialed Sandtray Therapist (ICST) Credential.

1.2 Scope of Standards.

The scope of this standard covers all ICST protocols and trainings provided specific to those wishing to obtain ICST status.

1.3 Non-IAST Trainings.

The scope of this standard does not cover trainings not associated or approved by the IAST, such as online trainings or other in-person sandtray trainings that are not providing hours to those who are working towards approval for ICST.

2.0 PURPOSE AND INTENT

2.1 Intent of the Standards.

Current ICST Standards are in place to uphold the quality and recognition of sandtray training credential provided through the International Association of Sandtray Therapy.

2.2 Details of Standards.

All details within the standards are in place to maintain support and clarity for those wishing to obtain the ICST credential as well as provide a reference for those working towards the ICST credential.

2.3 Updates of Standards.

The ICST standards will be updated periodically as needs arise within the IAST community. The standard is in place to give ICSTs a guide for the best practices with upholding the mission of IAST.

3.0 CREDENTIALING PROCEDURES

3.1 Credentialing Requirements for ICST.

3.1.1 Approved IAST Providers. The IAST is aware of the presence of many sandtray trainers and sandtray classes across the globe. However, the IAST Approved Providers are the only trainers that qualify to provide approved hours as working towards the ICST credential. Trainings provided by IAST Approved Providers seek not to merely educate but transform the lives of attendees throughout the world.

3.1.2 In-Person and Online Training. In order to set a standard and high level of expertise for credentialing sandtray therapists across the globe, the IAST has selected both in-person and online trainings as necessary requirements to obtain the sandtray credential.

3.1.3 Advanced Training. IAST acknowledges that other sandtray trainings are helpful with learning sandtray therapy but that the trainings provided by the IAST meet both the basic and advanced sandtray trainings for all ages at a postgraduate level.

3.1.4 Experiential Training. IAST maintains that in order to become credentialed one must experience a wealth of in-person sandtray trainings, which focus on the experiential nature of sandtray therapy.

3.1.5 Low student to teacher ratio. In addition to the need for experiential training, the emphasis of small class size and low trainer to student ratio is necessary for the deep understanding and learning of the power of sandtray therapy.

3.2 Initial Application for ICST. Initial application forms and fees must be completed by those wishing to be given the ICST status. Initial application forms may be found on the IAST website.

3.2.1 Initial Application Packet for ICST. All applicants will provide the following Initial Application forms and fees to be considered for ICST status:

1. Initial fee of \$160
2. Completed Initial Application for ICST
3. Proof of professional mental health licensure (see 3.2.8)
4. Copy of updated Certificate of Malpractice Insurance for those practicing in the United States.

3.2.2 Good Standing. All applicants must be a therapist in good standing with their current country/board OR be in a graduate program in the mental health field. Good Standing includes:

- Have current license/association for primary practice
- Have a good standing with current country/board
- Be an active member in IAST

3.2.3 Applicant's responsibility. Applicants are solely responsible for the accuracy and completion of the initial and renewal form of the ICST.

3.2.4 Application review. Applications must be completed and returned to the IAST for review, allowing 6-8 weeks for application review.

3.2.5 Incomplete Application. Incomplete applications will not be considered. Applicants will be notified within 10 business days of incomplete applications and instructed as to what action needs to be performed to correct the incomplete application. Applicants will also be given a time frame in which the given corrections are to be made without financial penalty.

3.2.6 Initial Application Fee. Initial application fee is a non-refundable \$160. The application fee will be rendered to the IAST through the secure online portal.

3.2.7 Malpractice Insurance. To receive ICST status, all applicants must show proof of current malpractice insurance.

3.2.8 Professional licensure. All applicants need to show proof of current mental health professional licensure, such as one of the following:

- Applicants In the United States:
 - Proof of professional mental health licensure for those practicing in the United States.
 - Current enrollment in a graduate program of mental health.
- International applicants:
 - When practicing outside of the United States, applicants do not have be licensed where licensing is not established.
 - International Providers will know the current country standards or regulations for Mental Health Therapists.
 - Be in good standing in country of practice.
 - Notification of approval to practice mental health therapy within the applicant's country or state of origin if applicable.

- Proof of membership in a mental health association.
- Current enrollment in a graduate program of mental health.

3.3 Training criteria for the ICST credential.

3.3.1 Levels 1-4. Completion of Levels 1-4 from an Approved IAST Provider. The specific levels are listed below:

Level 1: Introduction to Sandtray Play Therapy (in-person 13 CEs)

Level 2: The Neuroscience of Sandtray Play Therapy (in-person 12 CEs)

Level 3: Advanced Case Consultation and Personal Work in Sandtray Play Therapy (in-person 13 CEs)

Level 4: Advanced sandtray therapy course taught by IAST Approved Provider (in-person 12 CEs)

3.3.2 Sequential order of levels. Each level will build upon the prior training and must be completed in sequential order to obtain the ICST credential.

3.3.3 Online Case Consultation.

- Completion of 15 online case consultation hours by an approved ICST provider.
- No more than 2 providers can attest to the completion of the case consultation hours, meaning that the case consultation hours can only be conducted by no more than 2 ICST Providers.
- Completion of the 15 hours of online case consultation must be completed before the ICST applicant enrolls in Levels 3 and 4.
- The ICST applicant must provide proof of the case consultation completion to the IAST Approved Provider before entering the Level 3 class.

3.3.4 Elective Hours Training.

- In addition to the 50 hours of in-person CE's and 15 case consultation hours, applicants must also complete at least 10 hours of 'electives,' which are provided within the ICST online training portal.
- Completion of the elective hours may also be obtained at the annual Sandtray Therapy Summit.
- Elective hours may be provided by IAST members, but not necessarily by IAST Approved Providers.

- Elective hours will be approved by IAST and will be denoted as IAST Approved Elective Hours XXX on the training itself.

3.3.5 Proof of Completion of Training. Applicants will be required to submit certificates from both in-person and elective hours to provide proof of completion.

3.3.6 Log of Consultation Hours.

- ICST applicants will also provide a log of case consultation hours, which are signed by no more than two different ICST Providers.
- The applicant will provide the call log to IAST with a completed application.

3.4 RIST Members.

3.4.1 Grandfathered into ICST. RIST (Registered Integrative Sandtray Therapist) members from 2020 and previous years, are grandfathered into the ICST program, due to ICST trainings not being available until 2019 at the earliest. RIST members are grandfathered in for their initial application only.

3.4.2 RIST Members and Renewal ICST Applications. RIST members are subject to all the renewals for further ICST applications.

3.4.3 RIST certification vs ICST credential

- RIST is a certification, ICST is a credential.
- Once a RIST member chooses to become ICST credentialed, that person does not need to use the RIST initials after their name, because the ICST initials are the only credentials needed.

3.5 Renewal for ICST.

3.5.1 Renewal Application Packet for ICST. All applicants will provide the following renewal Application forms and fees to be considered for ICST renewal status every 2 years:

1. Renewal fee of \$80
2. Completed Renewal Application for ICST
3. Proof of professional mental health licensure (see 3.5.6)
4. Proof of 6 hours of continuing education

5. Copy of updated Certificate of Malpractice Insurance for those practicing in the United States.

3.5.2 Good Standing. To maintain in good standing for the ICST credential, all applicants will need to

- Maintain ICST credential in good standing
- Maintain license/association for primary practice
- Maintain active membership in IAST
- Submit proof of the completion of 6 or more approved IAST CE hours within the past 2 years
- Submit proof of current malpractice insurance
- Complete renewal application and pay the non-refundable renewal fee to IAST

3.5.3 Renewal Period. All current ICST will need to renew credentials with the IAST every 2 years.

3.5.4 Renewal Fee. A renewal fee of \$80 will be required to process the renewal application. The application fee will be rendered to the IAST through the secure online portal.

3.5.5 Malpractice Insurance. To receive ICST renewal status, all applicants must show proof of current malpractice insurance.

3.5.6 Professional licensure. All applicants need to show proof of current mental health professional licensure, such as one of the following:

- Applicants In the United States:
 - Proof of professional mental health licensure for those practicing in the United States.
 - Notification of approval to practice mental health therapy within the applicant's country or state of origin.
 - Current enrollment in a graduate program of mental health.
- International applicants:
 - When practicing outside of the United States, applicants do not have be licensed where licensing is not established.
 - International Providers will know the current country standards or regulations for Mental Health Therapists.
 - Be in good standing in country of practice.
 - Notification of approval to practice mental health therapy within the applicant's country or state of origin if applicable.

- Current enrollment in a graduate program of mental health.

3.5.7 Continuing Education. Submit proof of the completion of 6 or more approved IAST CE hours within the past 2 years

3.6 Marketing and Promotion

3.6.1 IAST Logo. After receiving the ICST credential, ICSTs may use the IAST logo to denote that the applicant is an ICST.

3.6.2 Individual Marketing. All of those who hold the ICST credential may also use the approved branding and marketing information, provided within the members portal of the IAST website.

Those who do not hold the ICST credential will not have access nor will be approved to use the marketing and branding materials associated with the ICST credential.

3.6.3 Directory of Members. Those of those who hold the ICST credential will be listed in the ICST directory on the IAST website, including name, location, brief information about the ICST (no more than 3-4 sentences), and any relevant information, such as website or specialties.

3.6.4 Removal from Directory. If an ICST fails to submit renewal information when required, the IAST will remove the name of the person from the directory and revoke marketing privileges.

3.7 Complaints and Grievances Procedures

3.7.1 Complaint and Grievances Procedures. Complaints and grievances against any ICST should be completed in writing and submitted through letter or email to IAST at members@sandtraytherapy.org

3.7.2 Response Time to Complaint.

After a complaint is received, the complainant will receive a written response within 10 business notifying:

- the complaint has been received,
- the complaint is being investigated,

- and the complainant will be notified of a resolution when it is provided

3.7.3 Rectify the Situation. IAST will work with the ICST to rectify the situation to maintain the highest level of standards.

3.7.4 Revoke Provider Status. If a resolution cannot be addressed, IAST maintains the right to revoke ICST status & credentialing status.

3.7.5 Maintain Confidentiality. IAST also maintains the right to maintain confidentiality of complaints and grievances against the ICST if desired best for all parties.

4.0 Contact Information.

The International Association for Sandtray Therapy
2605 Southwest Square
Jonesboro, AR 72401
members@sandtraytherapy.org

Appendix B:

Switching Providers Form

If you need to switch ICST-Providers, please send an email to the IAST Board and request a “Switch Providers Form.”

Email: members@sandtraytherapy.org